



NPTC

NATIONAL PSYCHOLOGY TRAINING CONSORTIUM
Training Tomorrow's Psychologists



FOUR COUNTY

BETTER CARE, BETTER TOGETHER


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NPTC History

- Created to offset the accessibility need in rural areas of Missouri (2002)
 - Now grown to 3 regions: Central (Missouri), Great Lakes (Indiana), Cascades (Washington)
 - Over 400 doctoral interns and residents since inception
 - More than 100 interns stayed with NPTC sites post-internship (post-doc or job offer)
 - At least 70 interns still working at an NPTC site
 - More than 40 Confirmed National Health Service Core (NHSC) Funded Psychologists
 - Alumni represent at least 36 different states across the US
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Four County

- North Central Indiana Community Mental Health Center serving 9 counties
- Full continuum from inpatient psychiatric to community based
- 1 inpatient unit, 8 satellite offices, 9 micro-clinics, 4 residential locations
- 25+ school corporations, 75+ school buildings
- *Over 30 students trained (APRN, nursing, doctoral intern, doctoral practicum, masters, undergraduate) in 2018-2019*
- Core Member of the National Psychology Training Consortium
- Dr Cadwell is on the Board of Directors for NPTC
- Dr Noll Regional Training Director
- Dr Dershowitz (Chair of the NPTC Diversity Committee/4C Training Director)

Great Lakes Region (NPTC)

- **10 Positions**

- **HRSA Behavioral Health Workforce Education Training (BHWET) Grant**

- Workforce development grant to increase Integrated Care internship/job opportunities within rural/underserved areas
 - Interns sign an agreement to seek future employment working with agencies in rural or underserved areas post-graduation
- All Primary/Integrative Care Settings partnered with Bowen, Four County, and Wabash Valley Year 1
 - Federally Qualified Health Centers
 - Free health clinics
 - Physician's networks
 - Hospital Systems
- Health site participants:
 - Indiana University Health Tipton
 - Pulaski Memorial Hospital
 - Compassionate Health Center
 - Dukes Memorial Hospital
 - Parkview Health System
 - St Joseph Regional Medical System-Plymouth
 - Riggs Federally Qualified Health Center

Year 1

- ABOUT INDIANA is a Primary Care Psychology Training & Workforce Solution for Indiana. It is a multi-disciplinary initiative by the National Psychology Training Consortium (NPTC) that increases: **A**ccess to **B**ehavioral Health services that are **O**riginal and occur in **U**nderserved communities by **T**rainees in Indiana. The Project establishes sustainable training placements of doctoral psychology interns in underserved primary care settings.
- 1.8 Million dollar grant spanning 4 years. To serve 40 psychology interns.
- Funds support project oversight, intern stipend, supervision stipend, health subsidy, didactic training, and external integration conference.
- Indiana counties served include the following: Allen, Cass, Carroll, Fulton, Huntington, Marshall, Miami, Pulaski, St. Joseph, Tippecanoe, Tipton. (*Adding Clinton, Hamilton in Year 2*)

Year 1

There are 3 arms to Building the Primary Care Psychology workforce:

- Doctoral intern level
- Psychology/HSPB supervision level
- Site specific/Health System level



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Year 1- Baseline & Midyear Assessment

Baseline Level	Site Score	Current Level
38% - Level 1-2	93%	Level 6
97% - Level 6	100%	Level 6
47% - Level 4	74%	Level 5
71% - Level 6	84%	Level 6
47% - Level 3	90%	Level 6
71% - Level 5	74%	Level 6
81% - Level 6	79%	Level 6
88% - Level 5**	93%	Level 6
31% - Level 1**	84%	Level 6
88% - Level 5	100%	Level 6
19% - Level 1	32%	Level 1

Quality ratings

Question: In general, did having interns improve access times to behavioral health care and related services?

Median Response = 1.33 (Significant Improvement to Some Improvement)

Question: In general, did having interns create efficiencies for primary care providers in practice flow for managing behavioral health patients?

Median Response = 2 (Some Efficiencies)

Question: To what extent has having intern(s) capacity improved the quality of care among the patients served by the intern(s)?

Median Response = 1.75 (Significant Improvement to Some Improvement)

Quality rating

Question: Have there been demonstrated improvements in the health status of the patients that you have served?

Median Response = 1.87 (Significant Improvements to Some Improvements).

“This has been a great thing for our practice. It is the sole reason I have stayed at this location to provide primary care in my underserved area.”

Retention #s not in for all sites:

Of Four County integrated interns 2 of 4 staying in Indiana. Of all 4C interns (traditional or integrated) 4 of 8 will remain employed with Four County.

Impact

Total client contact hours from August 1 - June 14 =
3,693.65

9% of these contact hours SUD/ODD

Looking forward to Year 2

- Adding 2 additional partners: Aspire Indiana Health and Centerstone Indiana
- New health sites: Indiana University Health Frankfort
- Established Primary Care Psychology didactic curriculum
- Continuing to refine workflows
- Increasing slots filled: Year 1 80% placement; Year 2 80%
- ***Building Buy-In!!! (Administrative, Provider, Ancillary staff)***
- ***Differentiating Doctoral-level Psychology from Midlevel behavioral health (whats the value pitch)***

For more information...



www.psychologyinterns.org



www.fourcounty.org

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